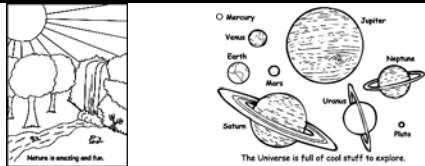


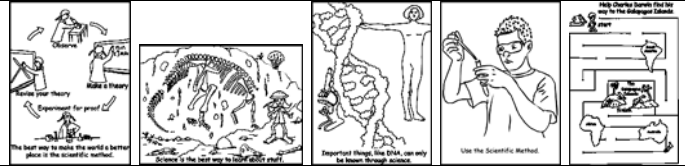
Lesson Plan for the Spiritual Humanism Coloring Book

Kids love to color, this fun coloring book is a great way to introduce them to Spiritual Humanist principles. Each of the drawings illustrates one of the following religious concepts. As they color each page be sure to discuss and help them understand these ideas.

1. Behold Nature with reverence. By instinct we are inspired by the beauty of nature – a fiery sunset, the starry night sky, springtime flowers, or autumn leaves. What in nature inspires you?



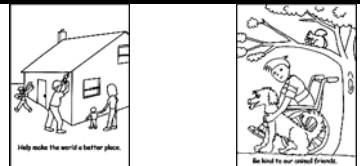
2. Base religion upon Reason. Religious truth can only be found through science, the basis of all the knowledge that makes our civilization possible. What understanding has science brought us?



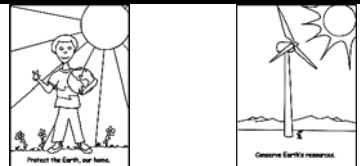
3. Treat all people as equals. Everyone deserves the same level of respect, opportunities, and right to be happy. No one is born as a superior to anyone else, and we all must obey the same standards of good and bad behavior. How do unequal rights hurt people? How do equal rights help everyone?



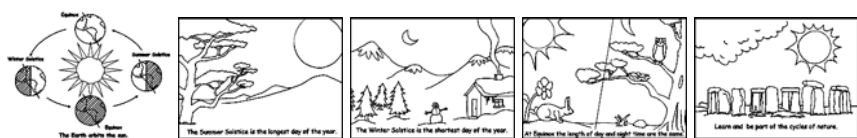
4. Act to reduce suffering and misery, and advance contentment, and happiness. Reality is our lives here on Earth. Doing good deeds makes the world a better place, and only we have the power to change it. How can you help make the world better?



5. Protect that which belongs to everyone. Fresh air, clean rivers, and healthy oceans are all things that every one has a right to enjoy, and no one has a right to spoil. It's our duty to protect these public treasures. What other community assets need our protection?



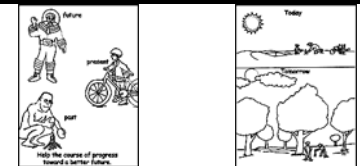
6. Celebrate seasons and cycles with ritual. We are part of nature. Recognizing it brings us closer to our natural roots. What are ways to celebrate the seasons?



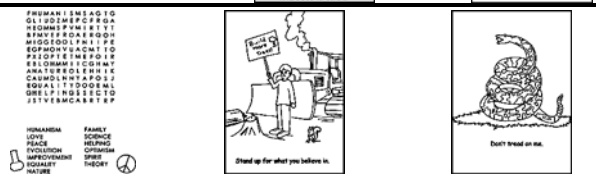
7. Cultivate spiritual abilities by application. By practicing we can get better at being inspired and knowing our own abilities. What other inspirational activities can we do everyday?



8. Exalt the correlation of past, present, and future. What we do today affects the world of the future. Things done in the past like preserving the environment, finding cures for diseases, or writing an inspiring song, still help us today. What can we do today that will help people in the future?



9. Champion these principles. When you believe in something you must be ready to stand up for yourself and defend it. Otherwise some one else will step in and make things worse. What are some things worth defending?



10. Improve these codes as we learn more. Only through learning and changing our actions based on the new information can we grow and make the world better. Even with our dearest beliefs we always have to be open to improvement. What have you learned today?



© 2006 CoSH